

### **Comfort Zone Camp – A Safe & Fun Place for Grieving Children to Heal & Grow**

Make a difference in the life of a grieving child – become a mentor or group facilitator! [Comfort Zone Camp](#) is a nonprofit organization that provides free therapeutic grief programs for young people ages 5-25 who have experienced the death of a parent, guardian, or sibling. The programs include confidence building activities and age-based support groups that break the emotional isolation grief often brings. Ultimately, Comfort Zone Camp provides a safe and fun place for grieving children to heal and grow.

#### **There are many volunteer opportunities within Comfort Zone Camp:**

- Big Buddy Mentor (matched 1:1 with a camper)
- Nurse
- Support Group Facilitator
- Photographer
- General Camp Volunteer (logistical support staff)

The first step in becoming a volunteer is to attend a volunteer training. Comfort Zone's volunteer training provides education regarding childhood bereavement, and prepares volunteers to take part in our camp programs. All volunteers are required to complete our 6-hour training before attending camp - **the next volunteer training session is in Vienna, VA on Saturday, April 9<sup>th</sup> 9:00am – 3:00pm at St. Mark Catholic Church (9970 Vale Rd, Vienna, VA 22181).** For more details and to register as a volunteer for training: <http://www.comfortzonecamp.org/volunteers/application>.

